

January 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

February 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28

FITNESS CLASSES WITH DONNA

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 YOGA 9:30 - 10:30	3 CIRCUIT 9:30 - 10:30	4 YOGA 9:30 - 10:30	5 BOOM 9:30 - 10:30	6 YOGA 9:30 - 10:30	7
8	9 YOGA 9:30 - 10:30	10 CIRCUIT 9:30 - 10:30	11 YOGA 9:30 - 10:30	12 BOOM 9:30 - 10:30	13 YOGA 9:30 - 10:30	14
15	16 YOGA 9:30 - 10:30	17 CIRCUIT 9:30 - 10:30	18 YOGA 9:30 - 10:30	19 BOOM 9:30 - 10:30	20 YOGA 9:30 - 10:30	21
22	23 YOGA 9:30 - 10:30	24 CIRCUIT 9:30 - 10:30	25 YOGA 9:30 - 10:30	26 BOOM 9:30 - 10:30	27 YOGA 9:30 - 10:30	28
29	30 YOGA 9:30 - 10:30	31 CIRCUIT 9:30 - 10:30				

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APRIL FITNESS CLASSES WITH DONNA

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 YOGA 9:30 - 10:30 YOGA 4:00 - 5:00	2 BOOM 9:30 - 10:30	3 YOGA 9:30 - 10:30	4
5	6 YOGA 9:30 - 10:30	7 CIRCUIT 9:30 - 10:30	8 YOGA 9:30 - 10:30 YOGA 4:00 - 5:00	9 BOOM 9:30 - 10:30	10 YOGA 9:30 - 10:30	11
12	13 YOGA 9:30 - 10:30	14 CIRCUIT 9:30 - 10:30	15 YOGA 9:30 - 10:30 YOGA 4:00 - 5:00	16 BOOM 9:30 - 10:30	17 YOGA 9:30 - 10:30	18
19	20 YOGA 9:30 - 10:30	21 CIRCUIT 9:30 - 10:30	22 YOGA 9:30 - 10:30 YOGA 4:00 - 5:00	23 BOOM 9:30 - 10:30	24 YOGA 9:30 - 10:30	25
26	27 YOGA 9:30 - 10:30	28 CIRCUIT 9:30 - 10:30	29 YOGA 9:30 - 10:30 YOGA 4:00 - 5:00	30 BOOM 9:30 - 10:30		



May 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

June 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

July 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

August 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

September 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

October 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

November 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

December 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		