

JUNE

FITNESS CLASSES WITH DONNA

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 YOGA 8:30 – 9:30	3 CIRCUIT 8:30 – 9:30	4 YOGA 8:30 – 9:30 SPECIAL 9:30 – 10:30	5 BOOM 8:30 – 9:30	6 YOGA 8:30 – 9:30	7
8	9 YOGA 8:30 – 9:30	10 CIRCUIT 8:30 – 9:30	11 YOGA 8:30 – 9:30 SPECIAL 9:30 – 10:30	12 BOOM 8:30 – 9:30	13 YOGA 8:30 – 9:30	14
15	16 YOGA 8:30 – 9:30	17 CIRCUIT 8:30 – 9:30	18 YOGA 8:30 – 9:30 SPECIAL 9:30 – 10:30	19 BOOM 8:30 – 9:30	20 YOGA 8:30 – 9:30	21
22	23 YOGA 8:30 – 9:30	24 CIRCUIT 8:30 – 9:30	25 YOGA 8:30 – 9:30 SPECIAL 9:30 – 10:30	26 BOOM 8:30 – 9:30	27 YOGA 8:30 – 9:30	28
29	30 YOGA 8:30 – 9:30					
			 SilverSneakers® by Tivity Health			