

# FITNESS CLASSES WITH DONNA

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 <b>YOGA</b> 9:30 - 10:30	3 <b>CIRCUIT</b> 9:30 - 10:30	4 <b>YOGA</b> 9:30 - 10:30	5 <b>BOOM</b> 9:30 - 10:30	6 <b>YOGA</b> 9:30 - 10:30	7
8	9 <b>YOGA</b> 9:30 - 10:30	10 <b>CIRCUIT</b> 9:30 - 10:30	11 <b>YOGA</b> 9:30 - 10:30	12 <b>BOOM</b> 9:30 - 10:30	13 <b>YOGA</b> 9:30 - 10:30	14
15	16 <b>YOGA</b> 9:30 - 10:30	17 <b>CIRCUIT</b> 9:30 - 10:30	18 <b>YOGA</b> 9:30 - 10:30	19 <b>BOOM</b> 9:30 - 10:30	20 <b>YOGA</b> 9:30 - 10:30	21
22	23 <b>YOGA</b> 9:30 - 10:30	24 <b>CIRCUIT</b> 9:30 - 10:30	25 <b>YOGA</b> 9:30 - 10:30	26 <b>BOOM</b> 9:30 - 10:30	27 <b>YOGA</b> 9:30 - 10:30	28
29	30 <b>YOGA</b> 9:30 - 10:30	31 <b>CIRCUIT</b> 9:30 - 10:30				