## **RULES FOR OPEN GYM**

Approved by Crosslake City Council July 8, 2019

#### **OPEN GYM DEFINITION:**

Scheduled time for Community Center guests who wants to utilize the gym space for various non-organized recreational activities.

#### **PRACTICE DEFINITION:**

A practice is defined as an activity that has been organized and/or directed by a member of the coaching staff, volunteers included, in which (1) sport-specific equipment is used and/or (2) instruction and/or evaluation of the athlete takes place.

# USE OF THE FOLLOWING ITEMS WILL NOT BE ALLOWED IN THE GYMNASIUM:

- •Baseballs, softballs or bats
- Scooters
- Skateboards
- •Golf clubs or golf balls
- Footballs
- Tennis rackets
- •Baseball or any athletic shoes with cleats
- Hockey sticks and pucks
- Food or drink other than water
- Rollerblades
- Remote Controlled Devices

### THE FOLLOWING RULES ALSO APPLY:

- •Users are encouraged to sign in at the front desk
- •No foul language will be tolerated
- •No kicking of balls in gym
- •Only authorized personnel are allowed in storage areas
- •No bouncing of balls in the lobby is allowed
- •Shoes and Shirts must be worn—absolutely no bare feet
- •Only LSS personnel are allowed in the kitchen area during normal business hours
- Exit and Maintenance Doors must remain accessible at all times